**Oral Practical Exam - Test 1**

**Script to read:**

For this part of the examination you will be given an allotted amount of time to perform each task. If you do not complete the task in the allotted time points will be removed from your score.

You may use supply available or anything in this room. Please take a moment to look around and determine what is available.

I can repeat the questions or commands, but you may not go back to a previous question or command.

The model will do as they are asked, but they are not allowed to respond to your questions.

Do you understand the questions?

Are you ready to begin?

**Prevention**

You have 3 minutes to perform the next task. Demonstrate your ability properly fit shoulder pads on the model.

|  |  |  |
| --- | --- | --- |
| Score | Step | Possible Points |
|  | Measures AC joint to AC joint to determine approximate size of shoulder pads | 2 point |
|  | Inside shoulder pad covers AC joint | 3 point |
|  | Straps under the axilla are appropriately secured | 2 point |
|  | Check for appropriate shoulder ROM by having the model lift their arms overhead | 3 point |
|  | **Total (out of 10 points)** |  |

**Taping**

For this task you will be given 4 minutes to use the provided supplies and appropriately tape procedure for an Achilles tendon injury.

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| --- | --- | --- |
| Score | Step | Possible Points |
|  | Ask the model to sit with the foot in a plantar flexed position (or prone) | 1 point |
|  | Spray the area with tape adherent spray, followed by pre-wrap from the gastroc-soleus complex to the base of the 5th metatarsal | 3 points |
|  | Provide1-2 anchors(with white tape) both distal and proximal | 1 points |
|  | Uses Elastikon and provides coverage from the gastroc-soleus complex to the midpoint of the arch | 2 points |
|  | Pulls Elastikon from distal to proximal, uses 2 Elastikon strips | 2 points |
|  | Provides 2 anchors (with white tape) both distal and proximal to secure tape | 1 point |
|  | **Total (out of 10 points)** |  |

**Immediate Care**

You will have 4 minutes to complete the next task. Demonstrate the proper way to immobilize following a shoulder injury.

|  |  |  |
| --- | --- | --- |
| Score | Task | Points Possible |
|  | Place the model in a standing position with the elbow bent to ~90 degrees | 1 point |
|  | Place apex of the triangle bandage at the elbow | 1 point |
|  | Place the triangle bandage under the arm, bringing the other portion of the bandage over the shoulder of the uninjured shoulder | 2 points |
|  | Pull the loose ends together behind the neck and tie in a knot | 2 points |
|  | Use second triangle bandage or ace wrap to swatch around the body and upper arm | 2 points |
|  | Check capillary refill following immobilization | 2 points |
|  | **Total (out of 10 points)** |  |

**Anatomical Landmarks**

For this task you will be asked to identify anatomical landmarks. You have 30 seconds to identify each of the 10 landmarks. Place a round sticker on each of the landmarks. You have the full 30 seconds to remove the sticker and place it in a new area if you so choose. Landmarks may be identified on either the right or left side.

|  |  |  |
| --- | --- | --- |
| Score | Anatomical Landmark | Possible Points |
|  | Pes anserine | 1 point |
|  | Sesamoid bones of the thumb | 1 point |
|  | Biceps femoris tendon | 1 point |
|  | Tibial tuberosity | 1 point |
|  | Iliac crest | 1 point |
|  | Radial pulse | 1 point |
|  | Extensor Pollicus Longus tendon | 1 point |
|  | Scaphoid/Navicular of the Wrist | 1 point |
|  | Posterior Superior Iliac Spine | 1 point |
|  | Lateral Collateral Ligament of the Knee | 1 point |
|  | **Total (out of 10 points)** |  |

**Total Practical Score: \_\_\_\_\_\_\_\_/40**